Dear International Student/Family,

We would like to invite you to join us for a weekend of fun, relaxation and friendship at the Vivekananda Retreat Center in Ganges, Western Michigan. The Vivekananda Retreat Center is a peaceful place in nature near Holland, Michigan just minutes away from Lake Michigan beautiful beaches.

Come enjoy nature, participate in conversations, make American friends, learn more about American culture, and make a home away from home while doing yoga and meditation, hiking, swimming, walking in nature.

The retreat dates are posted at www.YogaAndMeditation.com. You will need to register and prepay ahead of time and no later than 72 hours prior to retreat starting date. The cost includes accommodations, vegetarian meals, and yoga and meditation classes (optional)! What a deal!

Looking forward to seeing you!

Yours,

Ema Stefanova M.A. TESOL Experienced Teacher www.English-ESL.com www.YogaAndMeditation.com

P.S. Please, feel free to call if questions.